



# School Lunch Menu

SEPTEMBER 2023				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pesto Pizza with Fruit and Veggies
4 <b>Labor Day School Closed</b>	5 Chilaquiles with Fruit and Veggies	6 Spaghetti Puttanesca with Garlic Bread, Fruit and Veggies	7 Jerk Chicken (Mild!) with Coconut Rice, Fruit and Veggies	8 Pizza Dippers with Fruit and Veggies
11 Ham and Cheese Subs with Chips, Fruit and Veggies	12 Cheese Quesadilla with Stewed Black Beans, Fruit and Veggies	13 Rigatoni with Tomato and Butternut Squash, Garlic Bread, Fruit and Veggies	14 Filipino Beef Adobo with Potatoes, Fruit and Veggies	15 Pizza with Fruit and Veggies
18 Hot Dogs with Chips, Fruit and Veggies	19 Bean and Cheese Burritos with Fruit and Veggies	20 Pasta Primavera with Parmesan Cream, Garlic Bread, Fruit and Veggies	21 Vietnamese Spring Rolls with Dipping Sauces, Fruit and Veggies	22 Pizza Dippers with Fruit and Veggies
25 "Lunchables" with Turkey, Cheese, Fruit and Veggies	26 Frito Pie with Fruit and Veggies	27 Caprese Panini with Chips, Fruit and Veggies	28 Tibetan Curry Noodles with Fruit and Veggies	29 Pizza with Fruit and Veggies

\*vegetarian options available\*